

250 Years Strong

Happy Birthday America!

WHAT'S YOUR IDEAL LUNCH MENU?

If you could eat anything, what would be on your plate?

1. _____
2. _____
3. _____



MYTH OR FACT?

1. America's dairy farmers have been supplying milk since before the Revolutionary War.

- ☐ a. Myth
☐ b. Fact

2. There are dairy farms in every single U.S. state.

- ☐ a. Myth
☐ b. Fact

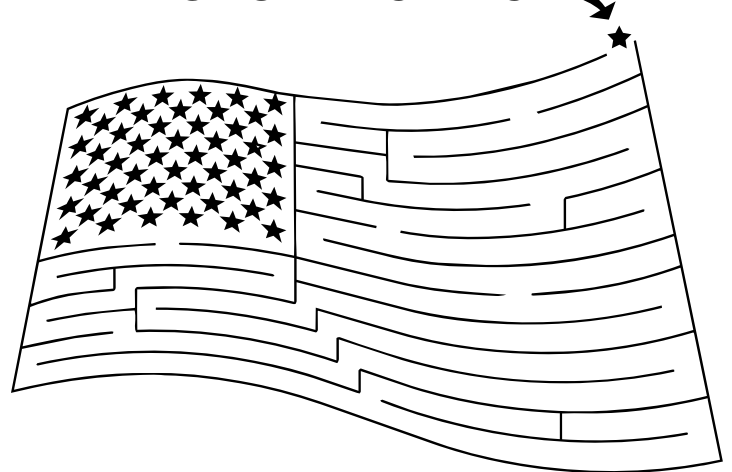
3. Milk is mostly sugar, which is why it gives you a quick energy burst that fades fast.

- ☐ a. Myth
☐ b. Fact

4. The U.S. produces more milk than any other country in the world.

- ☐ a. Myth
☐ b. Fact

FIND YOUR WAY THROUGH THE FLAG TO THE STARS



Turn in your completed sheet to your school's Food Service Director.